

# FROZEN MEAL SERVICE (SPECIAL DIETS)

Agency: \_\_\_\_\_

For Delivery Week: \_\_\_\_\_

Name: \_\_\_\_\_

Route (Agency use only)
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## SPECIAL DIETS

*Suitable for Gluten-Free, Lactose-Free, Low Sodium and Controlled Potassium & Phosphorus.*

10012	___ Apple Pork	<b>GF</b>	<b>LF</b>	<b>LS</b>
10017	___ Beef & Vegetable Casserole	<b>GF</b>	<b>LF</b>	<b>LS</b>
10018	___ Herbed Fish	<b>GF</b>	<b>LF</b>	<b>LS</b>
10020	___ Hawaiian Chicken	<b>GF</b>	<b>LF</b>	<b>LS</b>
10021	___ Turkey with Gravy	<b>GF</b>	<b>LF</b>	<b>LS</b>
10033	___ Chicken with Gravy	<b>GF</b>	<b>LF</b>	<b>LS</b>
10054	___ Beef Pot Roast	<b>GF</b>		<b>LS</b>

## MINCED

17001	___ Beef Dinner		<b>LF</b>	
17002	___ Apple Braised Pork			
17003	___ Ham		<b>LF</b>	
17004	___ Chicken à la King		<b>LF</b>	
17005	___ Turkey Dinner		<b>LF</b>	
17006	___ Pesto Chicken		<b>LF</b>	
17009	___ Pasta Primavera		<b>LF</b>	
17010	___ Beef Stew	<b>LF</b>		<b>LS</b>
17012	___ Honey Dijon Pork	<b>LF</b>		<b>LS</b>
17013	___ Vegetarian Stew	<b>LF</b>		
17014	___ Sweet & Sour Chicken	<b>LF</b>		<b>LS</b>

## PUREED

16001	___ Chicken à la King			
16002	___ Lasagna	<b>LF</b>		
16003	___ Apple Braised Pork			
16004	___ Macaroni & Cheese			
16005	___ Shepherd's Pie			
16006	___ Turkey Dinner	<b>LF</b>		
16007	___ Beef & Vegetable Casserole	<b>LF</b>		
16009	___ Beef Pot Roast			
16011	___ Sweet & Sour Chicken			
16016	___ Meatloaf			
16017	___ Lemon Herb Fish			
16018	___ Chicken Cacciatore	<b>LF</b>		
16020	___ Spaghetti Bolognese			
16021	___ Turkey Casserole	<b>LF</b>		
16023	___ Creamed Salmon			

## PUREED DESSERT

09011	___ Low Sugar Chocolate Mousse			
09021	___ Low Sugar Strawberry Mousse		<b>LS</b>	
09041	___ Low Sugar Tangerine Mousse		<b>LS</b>	

## THICKENED SOUP

13053	___ Broccoli			<b>LF</b>
13054	___ Carrot			
13055	___ Cauliflower			<b>LF</b>
13056	___ Chicken Noodle			<b>LF</b>
13057	___ Mushroom			
13058	___ Tomato Beef			<b>LF</b>

## GLUTEN-FREE

10063	___ Vegetarian Dhal	<b>GF</b>	<b>LF</b>	<b>V</b>
12141	___ Chicken Breast with Cheddar & Bacon Sauce	<b>GF</b>		
12164	___ Traditional Pot Roast	<b>GF</b>		
12165	___ Creamy Ranch Chicken	<b>GF</b>		
12167	___ Lemon Herb Fish	<b>GF</b>	<b>LF</b>	<b>LS</b>

**GF** *Gluten-Free*  
**LF** *Low Fat*  
**LS** *Low Sodium*  
**V** *Vegetarian*

