

Adult Day Program – Arirang

Integrated Program: Frail, Mild Cognitive Impaired and Moderate Cognitive Impaired Seniors

- Service Description:** A full-day, culturally-centered, community based program, offering respite to caregivers and providing older adults with individualized plans of care. The program includes a variety of social and wellness activities, companionship, nutritious snacks, and lunch, in a safe, friendly, and caring environment while addressing social isolation for older adults. Activities include exercise, mental stimulation, crafts, outings, relaxation programs, entertainment, health promotion, and disease prevention.
- Service Provider(s):** Specially-trained, multi-disciplinary teams that include a Program Supervisor, Recreation Programmers, Personal Support Workers, and trained volunteers.
- Persons Served:** Older adults, from the Korean community, who are frail, socially isolated, and/or may have mild to moderate cognitive impairment (without responsive behaviours) and who could benefit from a secure environment and adults with an age-related illness who could benefit from therapeutic recreation, personal support and structured, goal oriented programming.
- Eligibility:**
- Person served is 18 years of age or older with an age-related illness
 - Person served or substitute decision maker consents to participate in an initial (and regular follow up) RAI CHA evidence based assessment to determine individualized care needs and develop a care plan and goals.
 - Person served lives in the community and benefits from supervision during the day
 - Person served requires minimal assistance with activities of daily living (e.g. meal, toileting and transfers - maximum one-person transfer)
 - Person served may have caregiver who requires respite
 - Person served will benefit from a friendly, interactive, stimulating recreation programming
 - Person served adhere to our personal support worker administered medication program with a recognized medication compliance system (pre-poured system – e.g. blister package)
- Limitations:** Older adults with dementia who have responsive behaviors; persons who require more than one personal support worker for transfers/personal care.
- Program location(s):** North York
- Availability:** Tuesday and Friday from 8:30 a.m. to 4:30 p.m.
- Frequency of Service:** Up to 2 times per week. NOTE: as a result of pandemic, No in person programs are being held. Primarily held through virtual meetings.
- Cost:** Daily fees are \$25 per day. Cancellation with 24 hours' notice is \$7.50. No notice of absence is subject to a full fee. Families are encouraged to drop off and pick up clients or arrange through Wheel Trans (TTC).
- Contact:** Please contact our Adult Day Program Supervisor with any questions at 416-346-9589.
- Referral Source(s):** Self, Family, Physician, Central LHIN Home and Community Care.
- Funded by:** Milal Church and co-payment from Person Served.
- Stakeholders:** Persons Served and Caregivers