

PLEASE RETURN THIS FORM WITH YOUR GIFT

Yes, I want to help! Enclosed is my gift of:

- \$40 for seniors to access medical drives
- \$60 to provide twelve Meals on Wheels to seniors
- \$100 to allow four seniors to attend an Adult Day Program
- Other \$_____ to provide much needed funds for services to seniors
- My Cheque is enclosed, payable to:
CHATS Community & Home Assistance to Seniors



I prefer to donate with my:

Card Number _____ Expiry Date _____

Name on Card _____ Telephone _____

Signature _____ Email _____

Your contribution is tax deductible and a receipt will be mailed to you shortly.
Thank you! Charitable Registration Number 13209 0978 RR0001

Volunteer with CHATS!

Our volunteers play an integral role in the lives of the people we serve, including:

- ♥ Delivering meals
- ♥ Assisting with CHATS programs
- ♥ Making check-in phone calls
- ♥ Driving clients to medical appointments
- ♥ Helping in the office with appointment scheduling and other administrative tasks, run errands

Our volunteers are the heart and soul of CHATS.

CHATS Volunteer Department

Volunteering with CHATS is flexible!
You choose how you get involved.

Call us today! 905.713.3494



Contact CHATS

Head Office

240 Edward Street, Suite 1
Aurora, Ontario L4G 3S9

E seniorshelp@chats.on.ca

T 905.713.6596

TF 1.877.452.4287

www.chats.on.ca

Charitable Registration Number:

13209 0978 RR0001

Get Social With CHATS

FACEBOOK
@CommunityHomeAssistanceToSeniors

INSTAGRAM
@chatsseniors

TWITTER
@CHATSSeniors

LINKEDIN
CHATS - Community & Home Assistance to Seniors

YOUTUBE
CHATS Seniors



An agency of the Government of Ontario
Un organisme du gouvernement de l'Ontario



CHATS Adult Day Programs

It's never too late to make new friends.

Unlock the value of social and wellness activities.



Community & Home Assistance to Seniors

www.chats.on.ca

Enhancing The Everyday

CHATS is a not-for-profit organization, advocating for and delivering high-quality, person-centred home and community services to older adults and caregivers living in **York Region** and **South Simcoe**.

We believe older adults live best at home in their communities.

Give your loved one the gift of community.

A call to CHATS is worth your while.



Client Story

Since our introduction to CHATS, [my husband] has come out of his shell, making friends with other clients, volunteers, and staff, and allowing me time to recover and become a stronger caregiver.

- CAREGIVER CLIENT

Adult Day Programs

Unlock the benefits of a full day of group programs that support the mind and the body, including nutritious meals, social programs, activities for brain health, entertainment, and more.

Culturally specific and specialized programs for those with dementia, are also available.

Staff work closely with clients and caregivers to develop individualized plans of care to address what matters most to the client. Achievements and goals are reviewed on an ongoing basis to ensure client needs continue to be met at the program.

AURORA, BRADFORD, RICHMOND HILL & VAUGHAN

CHATS' community-based Adult Day Programs offer a safe, friendly, and caring environment to support the mind and body of older adults and provide much-needed respite for caregivers.

RICHMOND HILL - NEWCOMER SOUTH ASIAN

The Newcomer South Asian Adult Day Program is designed to meet the culturally specific needs of frail older adults of the South Asian Community.

VAUGHAN - ITALIAN

The Vaughan Italian Adult Day Program meets the needs of frail older adults from the Italian community - through an individualized plan of care.

NORTH YORK - ARIRANG

The North York Arirang Adult Day Program is designed to meet the needs of older adults from the Korean Community.

Caregiver Support

Take a much-needed break and allow yourself or your loved one to benefit from a full day of group programs that support the mind and the body.

Key Benefits of Adult Day Programs

- ♡ Social interaction
- ♡ Wellness activities
- ♡ Companionship
- ♡ Nutritious snacks and lunch
- ♡ Caregiver respite

How To Apply

The Central LHIN manages access to the Adult Day program in York Region. A care coordinator from the LHIN will assess your health care needs and provide information on Adult Day programs in the community that would best meet your needs and make referrals to the appropriate program.

If you are interested in applying for a program, please contact Ontario Health Central at 905.895.1240.

Fees

At CHATS, we make every effort to keep the cost to you as low as possible.

Fees are geared to income, and subsidies are available based on a financial assessment.

Please contact us if you would like to discuss subsidies for any of our programs or services.



Client Story

As a caregiver, I feel so fortunate to know that my husband receives such wonderful care at CHATS, which also allows me the opportunity to focus on my own well-being.

