

**ADP@ HOME SPOKE!**

**ADP@ home spoke is a program designed to bring the adult day program to seniors who cannot or do not qualify to attend the in-person adult day program due to complex care needs. Cost per hour is \$10.**



1

How does it work? An activity worker will come to you or your loved ones home once a week for an hour to engage in various activities built around personal abilities and interest.

2

What do we provide? An array of activities such as, but not limited to:  
Virtual reality, puzzles, large yarn knitting, video games, educational and fun power point programs, trivia, arts and crafts, painting, colouring, karaoke, spa therapy, baby therapy, pet therapy, sensory fidgets, aromatherapy, person and virtual lead exercise, memory games, bingo and more!

3

Benefits and goals include:

- Communication and reassurance to caregivers living outside of their loved one's home
- 1 on 1 activities focused on individual abilities
- Positive energy
- Personalized attention
- Emotional and social support
- Provided ideas to enhance day-day routine
- Uplift of mood for both caregiver and client
- Respite for caregivers
- A chance for family members to participate in the fun

Catchment area: Anywhere within a 15-minute drive from Downtown Aurora or Bradford. Please contact Cassandra, Team Lead SPOKE [ccassista@chats.on.ca](mailto:ccassista@chats.on.ca) for more information on how to be put on the waitlist!