

Richmond Hill Adult Day Program- Frail Program

Older adults and persons (18+) who have frailty or diagnosed with an age-related condition

- Service Description:** A full-day community-based program, offering respite to caregivers and providing older adults and persons with age related conditions with individualized plans of care. The program includes a variety of social and wellness activities, companionship, nutritious snacks, and lunch, in a safe, friendly, and caring environment while addressing social isolation for older adults. Activities include exercise, mental stimulation, crafts, relaxation programs, entertainment, health promotion, and disease prevention. Programs are also being offered virtually.
- Service Provider(s):** Specially-trained, multi-disciplinary teams that include a Program Supervisor, Recreation Programmers, Personal Support Workers, trained volunteers and Gerontology/Recreation students.
- Persons Served:** Older adults who are frail and who could benefit from a secure environment and adults with an age-related illness who could benefit from therapeutic recreation, personal support and structured, goal-oriented programming.
- Eligibility:**
- Person served is 18 years of age or older with an age-related condition
 - Person served or substitute decision maker consents to participate in an initial (and regular follow up) RAI CHA evidence-based assessment to determine individualized care needs and develop a care plan and goals.
 - Person served lives in the community and benefits from supervision during the day
 - Person served requires minimal assistance with activities of daily living (e.g. meal, toileting and transfers - maximum one-person transfer)
 - Person served may have caregiver who requires respite
 - Person served will benefit from friendly, interactive, stimulating recreation programming
 - Person served adhere to our personal support worker administered medication program with a recognized medication compliance system (pre-poured system – e.g. blister package)
- Limitations:** Older adults with dementia who have responsive behaviors; persons who require more than one personal support worker for transfers/personal care.
- Program location(s):** 10132 Yonge Street, Richmond Hill, ON
- Availability:** Tuesday/Wednesday and Friday from 7:30 a.m. to 6:30 p.m. NOTE: Hours of operations have changed due to the Pandemic.
- Frequency of Service:** Up to 3 times per week, as assessed by Central LHIN Home and Community Care
- Cost:** Daily fees range from \$5.50 - \$27.50 and are geared to income (sliding scale). Exceptional subsidies are available. Cancellation with 24 hours' notice is \$5.50. and No notice of absence is subject to a full fee. Transportation: \$4.65 one way
- Contact:** Please contact our Adult Day Program Supervisor with any questions at 905-713-3373 ext. 6525
- Referral Source(s):** Self, Family, Physician, Central LHIN Home and Community Care. Eligibility determined by Home and Community Care Support Services.
- Funded by:** Ontario Health and co-payment from Person Served.
- Stakeholders:** Persons Served and Caregivers