

**Vaughan Adult Day Program-Specialized Cognitive Program**

Older adults and persons (18+) who have cognitive impairment

- Service Description:** A full-day community-based program, offering respite to caregivers and providing older adults and persons with age related conditions with individualized plans of care. The program includes a variety of social and wellness activities, companionship, nutritious snacks, and lunch, in a safe, friendly, and caring environment while addressing social isolation for older adults. Activities include exercise, mental stimulation, crafts, relaxation programs, entertainment, health promotion, and disease prevention. Programs are also being offered virtually.
- Service Provider(s):** Specially-trained, multi-disciplinary teams that include a Program Supervisor, Recreation Programmers, Personal Support Workers, trained volunteers and Gerontology/Recreation students.
- Persons Served:** Older adults or persons with mild to moderate dementia or other cognitive impairment (without behaviours that may be a risk to themselves or others).
- Eligibility:**
- Person served is 18 years of age or older with a diagnosis of dementia or other cognitive impairment.
  - Person served or substitute decision maker consents to participate in an initial (and regular follow up) RAI CHA evidencebased assessment to determine individualized care needs and develop a care plan and goals.
  - Person served lives in the community and benefits from supervision during the day
  - Person served requires minimal assistance with activities of daily living (e.g. meal, toileting and transfers - maximum one-person transfer)
  - Person served may have caregiver who requires respite
  - Person served will benefit from friendly, interactive, stimulating recreation programming
  - Person served adheres to our personal support worker administered medication program with a recognized medication compliance system (pre-poured system – e.g. blister package)
- Limitations:** Persons with dementia who have responsive behaviors; persons who require more than one personal support worker for transfers/personal care.
- Program location(s):** 9401 Jane St., Vaughan ON,
- Availability:** Wednesday and Friday from 8:00 a.m. to 6:30 p.m. NOTE: Hours of operations have changed due to the Pandemic.
- Frequency of Service:** Up to 2 times per week, as assessed by Central Home and Community Care Support Services
- Cost:** Daily fees range from \$5.50- \$27.50 and are geared to income (sliding scale). Exceptional subsidies are available. Cancellation with 24 hours' notice is \$5.50. and No notice of absence is subject to a full fee.
- Contact:** Please contact our Adult Day Program Supervisor with any questions at 905-713-3373 ext. 6085
- Referral Source(s):** Self, Family, Physician, Central LHIN Home and Community Care. Eligibility determined by Home and Community Care Support Services.
- Funded by:** Ontario Health and co-payment from Person Served.
- Stakeholders:** Persons Served and Caregivers