

Community & Home
Assistance to Seniors

ADP@Home Spoke

Service Description: An in-home Adult Day Program offering respite to caregivers and providing older adults with individualized plans of care. The program includes a variety of social and wellness activities and companionship as well as addressing social isolation. Activities include exercise, mental stimulation, crafts, health promotion, and disease prevention.

Service Provider(s): Specially trained Activity Worker and Recreation Programmer

Persons Served: Older Adults who are frail, socially isolated, and/or may have mild to moderate cognitive impairment or are diagnosed with an age-related illness and who could benefit from therapeutic recreation and structured goal-oriented programming.

- Eligibility:**
- Person served is 18 years of age or older with an age-related illness
 - Person served or substitute decision-maker consents to participate in an initial (and regular follow-up) RAI CHA evidence-based assessment to determine individualized care needs and develop a care plan and goals.
 - Person served lives in the community and benefits from individual therapeutic in-home visits
 - Person served may have a caregiver who requires respite
 - Person served will benefit from a friendly, interactive stimulating recreation program
 - Person served may not be eligible for an in-person on-site ADP program

Limitations: Personal care and medication management will not be provided. Older adults with dementia with responsive behaviors that may be a risk to themselves or others.

Program location(s): Aurora and Bradford

Availability: Monday to Friday 8:30am-4:30pm

Frequency of Service: 1 hour, 1 day a week

Cost: \$10.20/1 hour visit. Fees are subject to change.

Contact: CCassista@chats.on.ca with any questions

Referral Source(s): Self, Family, Physician, through Ontario Health atHome.

Funded by: Ontario Health and co-payment from Person Served

Stakeholders Person Served and Caregivers

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