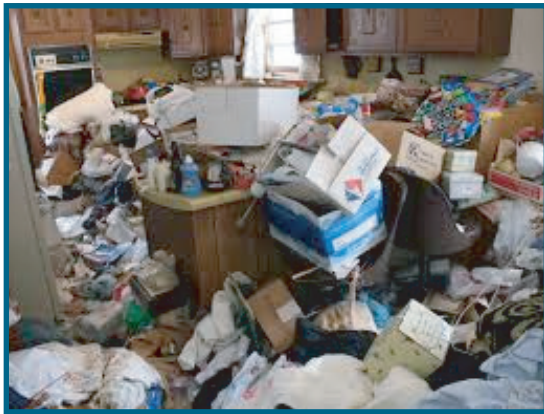


# What is “hoarding”?

- Hoarding disorder is characterized by difficulty with discarding possessions due to urges to save
- Symptoms result in accumulation of objects that clutter active living areas and substantially compromises their intended use
- Hoarding causes significant distress in social, occupational, or other important areas of functioning (including maintaining a safe environment)
- In some cases, difficulty with discarding may be accompanied by excessive acquisition of items

(DSM-5, 2013)



## Hoarding behaviours pose many risks such as:

- Illness and accidents
- An unsafe home environment to deliver care in
- Eviction or tenancy loss

Rev 05/22

## Program partners:



Community & Home  
Assistance to Seniors



## Funding provided by



United Way  
Greater Toronto

## For more information, please contact CHATS at:

905-713-3373 ext. 6082 or  
1-866-677-9048

[ttrs@chats.on.ca](mailto:ttrs@chats.on.ca)



Community & Home  
Assistance to Seniors

## Too much clutter?



## At Risk Of Losing Housing?

We can help

# Did you know...?

- Hoarding disorder is a complex psychiatric disorder and community problem – and is grossly under detected and untreated
- Increasingly, social service agencies are identifying individuals who are at risk of losing their tenancy due to hoarding, unclean, cluttered and unmaintained homes

**In response, three York Region social service providers have developed an innovative program to address this issue**

The Tenancy Risk Reduction Service Program is available



## The Partners

### **CHATS – Community & Home Assistance to Seniors**

Seniors' home and community support agency

### **York Support Services Network**

Mental health service provider

### **VHA Home HealthCare**

Rehabilitation provider with expertise in mental health and hoarding

## The Goal

The program supports York Regions adults with low to moderate income who are living in unsafe environmental conditions and/or are at risk of losing their housing due to clutter. Utilizing a harm reduction approach, customized service plans and teams are put in place to address the risks the clutter poses.

## Services include:

- Assessment and Care Coordination (CHATS)
- Mental Health Case Management (YSSN)
- Clutter Reduction (CHATS)
- Cleaning (CHATS)
- Occupational Therapy (VHA)
- Education and Training (All)
- Client Advocacy (All)
- Minor Repairs (CHATS)
- Large Item Removal



The Tenancy Risk Reduction Service aims to decrease the risk of tenancy loss so that individuals can live safer and stay in their homes.

*We can help*