

## Personal Support Services (PSS)

**Service Description:** Professional personal support that may include assisting and/or training in dressing, personal hygiene activities, toileting and/or continence assistance, mobility/transfers, assisting/monitoring medication use, meal preparation, and other personal activities of daily living as required. Persons served also receive assessment, service planning and care coordination initially and as needed to support delivery of care.

**Service Provider(s):** Personal Support Workers with specialized competencies (skills, knowledge, and education) in senior care. Care coordination is provided by nurses registered with the College of Nurses of Ontario.

**Persons Served:** Older adults 55 and over and persons with age-related conditions.

**Eligibility:** Older adults 55 and over and persons with age-related conditions living in York Region, Bradford West Gwillimbury or New Tecumseth, who require light to moderate assistance with personal care and who are deemed eligible by Home and Community Care Support Services.

**Limitations:** Persons with high and very high needs are not eligible for this program.

**Program location(s):** In the home of persons served.

**Availability:** Based on the assessed need, up to an average of 2 hours per week of service.

**Frequency of Service:** As required by person served upon assessment and need.

**Cost:** No charge.

**Contact:** CHATS office at (905) 713-6596 or 1-877-452-4287 or Ontario Health atHome

**Referral Source(s):** Self, family, physicians through Ontario Health atHome

**Funded by:** Ontario Health

**Stakeholders:** Persons served and caregivers, Ontario Health