

PLEASE RETURN THIS FORM WITH YOUR GIFT

Yes, I want to help! Enclosed is my gift of:

- ☐ \$40 for seniors to access medical drives
- ☐ \$60 to provide twelve Meals on Wheels to seniors
- ☐ \$100 to allow four seniors to attend an Adult Day Program
- ☐ Other \$\_\_\_\_\_ to provide much needed funds for services to seniors
- ☐ My Cheque is enclosed, payable to:  
**CHATS Community & Home Assistance to Seniors**

☐ I prefer to donate with my: ☐  ☐ 

Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

Name on Card \_\_\_\_\_ Telephone \_\_\_\_\_

Signature \_\_\_\_\_ Email \_\_\_\_\_

Your contribution is tax deductible and a receipt will be mailed to you shortly.  
Thank you! Charitable Registration Number 13209 0978 RR0001

## Volunteer with CHATS!

Our volunteers play an integral role in the lives of the people we serve, including:

- ♥ Delivering meals
- ♥ Assisting with CHATS social programs
- ♥ Making check-in phone calls
- ♥ Driving clients to medical appointments
- ♥ Helping in the office with administrative tasks

Our volunteers are the heart and soul of CHATS.

### CHATS Volunteer Department

Volunteering with CHATS is flexible!  
You choose how you get involved.

Call us today! 905.713.3494



## Contact CHATS

### Head Office

240 Edward Street, Suite 1  
Aurora, Ontario L4G 3S9

**E** seniorshelp@chats.on.ca

**T** 905.713.6596

**TF** 1.877.452.4287

[www.chats.on.ca](http://www.chats.on.ca)

### Charitable Registration Number:

13209 0978 RR0001

### Get Social With CHATS

 **FACEBOOK**  
@CommunityHomeAssistanceToSeniors

 **INSTAGRAM**  
@chatsseniors

 **TWITTER**  
@CHATSeniors

 **LINKEDIN**  
CHATS - Community & Home Assistance to Seniors

 **YOUTUBE**  
CHATS Seniors



Helping older adults  
live best at home and  
in their communities.



Community & Home  
Assistance to Seniors

[www.chats.on.ca](http://www.chats.on.ca)

# CHATS Supports Older Adults & Their Caregivers

CHATS is a not-for-profit organization, advocating for and delivering high-quality, person-centred home and community services to older adults and caregivers living in York Region and South Simcoe.

**We believe older adults live best at home and in their communities.**

- ♥ INDEPENDENCE
- ♥ DIGNITY
- ♥ CHOICE



## Client Story

“I am very grateful to the Home At Last (HAL) service CHATS has provided for me. Twice I have been in hospital and have had no one to take me home; [CHATS] was very gracious and very helpful.”  
I am so grateful.

— HAL CLIENT

# Discover CHATS Programs & Services

## Adult Day Programs

Unlock the benefits of a full day of group programs that support the mind and the body, including exercise, social programs, activities for brain health, hot meals, entertainment and more.

Culturally specific and specialized programs for those with dementia, are also available.

## Social & Wellness Programs

CHATS Social & Wellness Programs promote health and wellness and provide social engagement based on your needs. Enjoy meals and activities alongside peers in your neighbourhood.

## Diversity Wellness & Outreach Programs

Socialize through engaging cultural programs that celebrate our diverse community. Programs promote well-being and activities for Iranian, Russian, Chinese (Cantonese), Italian, South Asian and Tamil seniors.

Utilizing a holistic approach to wellness, our programs provide opportunities for social interaction, celebration of cultural events, and resource development including education sessions on health, exercise and well-being.

## Virtual Programs

Access a wide range of engaging programs and services, online, from the safety of your own home.

Loaner devices are available, at your convenience.

## In-Home Services

Assistance and care (personal care, laundry, light housekeeping, meal prep, shopping, socialization) for older adults looking to age in place and maintain their independence.

## Home Safety Services

Safety services help older adults remain safe in their own homes through home adaptations and regular maintenance (lawn care/snow removal), decluttering, and phone safety support.

## Support For Caregivers

Meet other caregivers, share experiences and receive professional support through individual counseling and group sessions.

## Community Transportation

Local and long-distance drives to medical appointments and more.

## Home at Last

Helps older adults transfer from hospital and remain safely at home by providing CHATS’ Personal Support Worker (PSW) supported transportation home from the hospital.

Our PSW will get you settled safely back in your home and in the community.

## Meals on Wheels

Meals on Wheels offers more than 100 tasty and nutritious soups, entrees, breakfasts, and desserts. All products arrive frozen for you to store in your home freezer. Just heat and serve.

## Assisted Living

Provides 24/7 assistance to eligible seniors who live in a supportive housing building or in their own homes within a specific geographic boundary, and who need access to both scheduled and unscheduled service on a daily basis in order to maintain and independent lifestyle.

Services include personal support, homemaking, security checks and care coordination. Assisted living sites include Richmond Hill, Stouffville, Newmarket, Keswick, Schomberg and Woodbridge.

# Facts About CHATS

CHATS provides programs and services that allow older adults to live best at home in their community.

\*Data from 2020.

8,500+

Clients Served Each Year

600+

Adult Day Program Participants

5,000+

People Provided With Transportation Support

1,000+

Meals On Wheels Clients Served

470+

Volunteers

## CHATS Community

