

## WE'RE BACK! MS Wellness Program

## **CHATS Vaughan**

Starts Sept 18 1<sup>st</sup> and 3<sup>rd</sup> Thursdays 1:00pm to 3:30pm

## **CHATS Aurora**

Starts Sept 25 2<sup>nd</sup> and 4<sup>th</sup> Thursdays 1:00pm to 3:00pm

\*\*Eligibility criteria apply\*\*
Registration required

To learn more, contact Lyla



905-713-3373 ext. 7022

www.chats.on.ca

In Partnership with:



