

Bradford Adult Day Program

Frail, Socially Isolated, Mild Cognitive Impairment, or diagnosed with an age-related illness.

- Service Description:** A full-day community-based program, offering respite to caregivers and providing older adults with individualized and planned activities. The program includes a variety of social and wellness activities, companionship, nutritious snacks, and lunch, in a safe, friendly, and caring environment. The program addresses social isolation for older adults. Activities include exercise, mental stimulation, crafts, outings, relaxation programs, entertainment, health promotion, and disease prevention.
- Service Provider(s):** Specially trained, multi-disciplinary teams that include a Program Supervisor, Recreation Programmers, Personal Support Workers, trained volunteers, and Gerontology/Recreation students.
- Persons Served:** Older adults who are frail, socially isolated, and/or may have mild to moderate cognitive impairment (without behaviours that may be a risk to themselves or others) and who could benefit from a secure environment. Adults with an age-related illness who could benefit from therapeutic recreation, personal support and structured, goal-oriented programming.
- Eligibility:**
- Person served is 18 years of age or older with an age-related illness
 - Person served lives in the community and benefits from supervision during the day
 - Person served requires minimal assistance with activities of daily living (e.g., meal, toileting, and transfers - maximum one-person transfer)
 - Person served will benefit from a friendly, interactive, stimulating recreation programming
 - Person served can adhere to our personal support worker administered medication program with a recognized medication compliance system (pre-dispensed system – e.g., blister package)
- Limitations:** Older adults with dementia who have behaviours that may be a risk to themselves or others; persons who require more than one personal support worker for transfers/personal care.
- Program location(s):** 448 Holland Street West, Bradford, ON L3Z 2B7
- Availability:** Monday to Friday 8:00 a.m. to 3:30 p.m.
- Frequency of Service:** Up to 5 days per week, based on assessment from Ontario Health atHome.
- Cost:** As of May 1, 2026, Daily fee is \$30.50. Transportation Fee: \$5.50 one way with CHATS transportation. Fees are subject to change. Families can choose to arrange private pick up and drop off.
- Contact:** Please contact our Adult Day Program Supervisor with any questions at 905-713-3373 ext. 6220
- Referral Source(s):** Self, Family, Physician, through Ontario Health atHome. Eligibility is determined by Ontario Health atHome.
- Funded by:** Ontario Health and co-payment from Person Served.
- Stakeholders:** Persons Served and Caregivers