

**Richmond Hill Adult Day Program-Specialized Cognitive Program**

Older adults and persons (18+) who have cognitive impairment

**Service Description:** A full-day community-based program, offering respite to caregivers and providing older adults and persons with age related conditions with individualized plans of care. The program includes a variety of social and wellness activities, companionship, nutritious snacks, and lunch, in a safe, friendly, and caring environment while addressing social isolation for older adults. Activities include exercise, mental stimulation, crafts, relaxation programs, entertainment, health promotion, and disease prevention. Programs are also being offered virtually.

**Service Provider(s):** Specially trained, multi-disciplinary teams that include a Program Supervisor, Recreation Programmers, Personal Support Workers, trained volunteers and Gerontology/Recreation students.

**Persons Served:** Older adults or persons with mild to moderate dementia or other cognitive impairment (without behaviours that may be a risk to themselves or others).

- Eligibility:**
- Person served is 18 years of age or older with a diagnosis of dementia or other cognitive impairment.
  - Person served lives in the community and benefits from supervision during the day
  - Person served requires minimal assistance with activities of daily living (e.g. meal, toileting, and transfers - maximum one-person transfer)
  - Person served may have caregiver who requires respite
  - Person served will benefit from friendly, interactive, stimulating recreation programming
  - Person served adheres to our personal support worker administered medication program with a recognized medication compliance system (pre-poured system – e.g. blister package)

**Limitations:** Older adults with dementia who have behaviours that may be a risk to themselves or others; persons who require more than one personal support worker for transfers/personal care.

**Program location(s):** 10132 Yonge Street, Richmond Hill, ON

**Availability:** Monday and Thursday from 8:30 a.m. to 3:30 p.m. Saturday 8:30-3:30pm

**Frequency of Service:** Up to 2 times per week, as assessed by Ontario Health atHome.

**Cost:** As of May 1, 2026, daily fees are \$30.50. Families are encouraged to provide transportation or use York Region Transit (YRT). CHATS Transportation may be available for eligible clients at \$5.50 per one-way trip. Fees are subject to change.

**Contact:** Please contact our Adult Day Program Supervisor with any questions at 905-713-3373 ext. 6525

**Referral Source(s):** Self, Family, Physician, through Ontario Health atHome. Eligibility is determined by Ontario Health atHome.

**Funded by:** Ontario Health and co-payment from Person Served.

**Stakeholders:** Persons Served and Caregivers