

**ADP@Home Spoke**

**Service Description:** An in-home Adult Day Program offering respite to caregivers and providing older adults with individualized plans of care. The program includes a variety of social and wellness activities and companionship as well as addressing social isolation. Activities include exercise, mental stimulation, crafts, health promotion, and disease prevention.

**Service Provider(s):** Specially trained Activity Worker and Recreation Programmer

**Persons Served:** Older Adults who are frail, socially isolated, and/or may have mild to moderate cognitive impairment or are diagnosed with an age-related illness and who could benefit from therapeutic recreation and structured goal-oriented programming.

- Eligibility:**
- Person served is 18 years of age or older with an age-related illness
  - Person served or substitute decision-maker consents to participate in an initial (and regular follow-up) RAI CHA evidence-based assessment to determine individualized care needs and develop a care plan and goals.
  - Person served lives in the community and benefits from individual therapeutic in-home visits
  - Person served may have a caregiver who requires respite
  - Person served will benefit from a friendly, interactive stimulating recreation program
  - Person served may not be eligible for an in-person on-site ADP program

**Limitations:** Personal care and medication management will not be provided. Older adults with dementia with responsive behaviors that may be a risk to themselves or others.

**Program location(s):** Aurora and Bradford

**Availability:** Monday to Friday 8:30am-4:30pm

**Frequency of Service:** 1 hour, 1 day a week

**Cost:** As of May 1, 2026, \$11.00/1 hour visit. Fees are subject to change.

**Contact:** CCassista@chats.on.ca with any questions

**Referral Source(s):** Self, Family, Physician, through Ontario Health atHome.

**Funded by:** Ontario Health and co-payment from Person Served

**Stakeholders** Person Served and Caregivers

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